



Dr. Shahriar Jalali
51- 346 John Street N.,
Arnprior, ON
K7S2P6
(613) 623-3313 office
(613) 600-4342 cell

Post Filling Instruction

1. Do not eat on your new filling for two hours and until your numbness is gone.
2. Do not put any pressure on silver amalgam fillings for 24 hours.
3. Do not drink coffee or tea or any colourful beverages for first day with same colour material (Composite) fillings.
3. Your tooth (or teeth) may be sensitive to cold or pressure from this procedure. This is completely normal. The possible symptoms of cold or pressure sensitivity will cease within a few days to a couple of weeks. In very few instances, this sensitivity could last longer than a couple of weeks. As long as your teeth or gums are continuing to feel better, (not staying the same, or getting worse) everything is fine, and there is no need for concern.
4. You may experience some gum soreness, this usually subsides within few days.
5. Our goal is keeping your tooth alive, however sometimes when a filling is very large and is close to the nerve of the tooth, it can become sensitive to heat and to pressure and ultimately may require a root canal.
6. You may find your new filling to be a little high, and result in discomfort to bite down on it. A simple bite adjustment and polishing is all that is needed.
7. Call our office if you experience pain or discomfort for more than a few days after the filling, or if you have any questions.